

# 2025 DERP Retiree Health Insurance Guide



















Powering Your Future, Together.



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# Welcome to Open Enrollment!

### It's time to choose your benefit options for the 2025 plan year!

**Open Enrollment is October** 1-31, 2024. This is your opportunity to reflect on your needs and fine-tune your benefits package to match. Take some time to think about the changes you've experienced over the past year or anticipate in the coming year and select the plan(s) that will best meet your needs.

This guide will help you evaluate your health insurance options to make sure you have the coverage that is right for you. You'll also find 2025 health benefit information on the DERP website (<u>DERP.org</u>) including video presentations from all carriers explaining the benefits their plan provides along with links to their summary of benefits and coverage.

## 2025 Highlights

#### Medical

- Increase to the non-Medicare medical plan rates
- Increase to the Humana Medicare Advantage plan rates
- New Denver Health PPO plan offered by UnitedHealthcare
- \$2,000 out-of-pocket cap on prescriptions on the Humana Medicare Advantage plans
- No change to the Kaiser Permanente Colorado Senior Advantage plan rate
- \$1,500 out-of-pocket cap on prescriptions on the Kaiser Permanente Colorado Senior Advantage plan

#### Dental

- No change to the Cigna plan rates
- Increase to the Delta Dental plan rates

#### Vision

- Increase to the VSP vision plan rates
- Prescription glasses (including frames and lenses) now covered every year

If you like your current insurance elections, you don't need to do anything during the Open Enrollment period. Those elections will remain the same for 2025. However, our Humana PPO M and Humana PPO R plans are condensed into one single plan. If you're currently enrolled in one of these plans, you'll automatically be enrolled in the new PPO plan.

## Key Dates

Tuesday, October 1, 2024	Open Enrollment begins
Thursday, October 31, 2024	Last day to make changes Open Enrollment closes at midnight Mountain Time
Wednesday, January 1, 2025	Changes are effective

# **Benefit Eligibility**

## Who is eligible to enroll in insurance coverage through DERP?

Members receiving a DERP Pension Benefit, and their eligible dependents, may enroll in a DERP medical, dental, and/or vision insurance plan. Members who receive a DERP Pension Benefit due to a domestic relations order are not eligible to enroll in insurance.

## Who can I cover on my plan?

You can enroll eligible dependents if you're enrolled in a DERP health insurance plan(s). Eligible dependents include:

- Your spouse
- Your children to age 26
- Your dependent children of any age who are physically or mentally unable to care for themselves (legal documentation is required)

Supporting documents are required to prove dependency. Acceptable documentation includes:

- Spouse: marriage certificate, common-law affidavit, or the first page of your most currently filed federal tax return
- Child: certified birth certificate, guardianship paperwork, or adoption paperwork

# Can I enroll, change plans, or add dependents outside of Open Enrollment?

Yes, you can enroll, or change your health insurance plan and add dependents, outside of the October Open Enrollment period when you experience a qualifying life event.

#### What is a qualifying life event?

A qualifying life event is a change in your situation that makes you eligible to update your health insurance outside of the annual October Open Enrollment period. A qualifying life event includes:

- Becoming eligible for Medicare
- Change in marital status
- Involuntary loss of previous health insurance
- Change in residence and becoming ineligible for your current health insurance

Changes to your health insurance must be within 30 days of a qualifying event.

Email <u>Help@DERP.org</u> as soon as possible so we can work with you to get the proper paperwork and supporting documentation related to your qualifying life event.

# Enrollment

## How do I make changes to my coverage?

All changes must be made through your MyDERP.org account. Follow these 5 steps:

- 1. Log in to your MyDERP.org account.
- 2. Select the Insurance Enrollment link on the left side of the screen.
- 3. Follow the instructions on the screens to make your selections.
- 4. Review your enrollment changes.
- 5. Click the Submit button to complete your changes.

Once you click the Submit button, you won't be able to make any changes through your MyDERP.org account. If you need to make changes after submitting, email <u>Help@DERP.org</u> or call (303) 839-5419.

Your changes will show in pending status until reviewed and approved by the membership services team. A membership services representative may contact you to clarify your selections and/or for documents to support your selections.

## What's the deadline to make changes to my 2025 coverage?

The last day to modify your coverage is Thursday, October 31, 2024, at midnight Mountain Time.

## When will the changes be effective?

Changes are effective Wednesday, January 1, 2025.

## What if I don't want to make any changes?

If you like your current insurance elections, you don't need to do anything during the Open Enrollment period. Those elections will remain the same for 2025.

## What if I miss the Open Enrollment October 31 deadline?

If you miss the Open Enrollment deadline to make changes to your coverage, you'll have to wait until the 2025 October Open Enrollment period to make changes unless you experience a qualifying life event.

## Questions?

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We're here to help you enroll and make benefit selections that are right for you. If you have questions, email <u>Help@DERP.org</u> or call (303) 839-5419.

# Key Terms You'll See in this Guide

#### Coinsurance

After you meet your deductible, you pay a portion of the costs of a covered health care service.

#### Copay

A fixed dollar amount you pay for a covered health care service.

#### Deductible

The amount you pay each calendar year for covered health care services before the insurance plan will begin to pay.

#### Medical Emergency

A medical condition that requires immediate health care services to prevent serious jeopardy to your health.

# Insurance Premium Reduction (IPR) Benefit

The dollar amount we contribute toward your monthly insurance premiums. The IPR benefit is based on your years of service and Medicare eligibility. To be eligible for the IPR Benefit, you must be enrolled in group health insurance offered by DERP. In addition, the IPR benefit is only available to members and spouses receiving a joint and survivor benefit. The IPR is \$12.50 per year of service credit, per month, for non-Medicare retirees; \$6.25 per year of service credit, per month, for Medicare retirees.

#### Out-of-pocket maximum

The most you will pay for covered health care services during the calendar year. All copay, deductible, and coinsurance payments count toward the out-of-pocket maximum. Once you've met your out-of-pocket maximum, your insurance plan will pay 100% of covered health services.

#### PCP or Primary Care Physician

The doctor who works with you and other doctors to provide, prescribe, approve, and coordinate your medical care and treatment. Our Health Maintenance Organization (HMO) plans and deductible Health Maintenance Organization (DHMO) plans require you to see your PCP before you can see a specialist.

#### Premium

The amount you pay out of your retirement benefit to be enrolled in the medical, dental, and/or vision insurance plans. Premiums are deducted on a post-tax basis.

#### **Preventive Care**

Covered services that are intended to prevent disease or to identify disease while it is more easily treatable. Examples of preventive care services include screenings, check-ups, and patient counseling to prevent illnesses, disease, or other health problems. In-network preventive care is covered 100% by all medical plans.

#### Specialist

A doctor who has special training in a specific kind of medical care, such as a cardiologist or a neurologist. Our Health Maintenance Organization (HMO) plans and deductible Health Maintenance Organization (DHMO) plans require you to see your PCP before you can see a specialist.

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# **Insurance Plan Premium Summary**

The following monthly insurance plan premiums don't include the Insurance Premium Reduction (IPR) benefit you may be eligible to receive. Your premium portion is deducted from your DERP Pension Benefit on a post-tax basis. Refer to the carrier pages for more information about each plan.

Non-Medicare Medical Plans and Monthly Premiums				
	Member only	Member + spouse	Member + child(ren)	Member + family
Kaiser Permanente Colo	orado			
HDHP	\$611.46	\$1,345.21	\$1,222.92	\$1,956.31
DHMO	\$744.85	\$1,638.68	\$1,489.71	\$2,383.53
UnitedHealthcare				
HDHP (Nationwide)	\$813.39	\$1,789.47	\$1,626.79	\$2,602.86
Colorado Doctors Plan (Colorado Only)	\$855.43	\$1,881.95	\$1,710.87	\$2,737.39
Denver Health PPO (Colorado Only)	\$830.02	\$1,826.04	\$1,660.04	\$2,656.06

Medicare Medical Plans and Monthly Premiums		
	Per person	
Humana Medicare Advantage		
НМО	\$148.29	
PPO	\$148.77	
Kaiser Permanente Colorado Senior Advantage		
НМО	\$182.23	

Dental Plans and Monthly Premiums				
	Member only	Member + 1 dependent	Member + 2 or more dependents	
Cigna				
DHMO	\$35.71	\$71.83	\$107.89	
PPO Low	\$39.46	\$78.19	\$120.78	
PPO High	\$51.58	\$102.43	\$158.36	
Delta				
EPO	\$45.36	\$84.25	\$136.08	
PPO Low	\$40.69	\$80.43	\$124.48	
PPO High	\$54.58	\$106.27	\$168.52	

Vision Plan and Monthly Premiums				
	Member only	Member + spouse	Member + child(ren)	Member + family
VSP	\$9.54	\$19.41	\$17.90	\$32.72

# Kaiser Permanente Out of State Insurance Plans

Kaiser Permanente is available in several states outside of Colorado. Non-Medicare medical plans are offered in California, Hawaii, and NW Oregon/SW Washington. Medicare medical plans are offered in California, Hawaii, Mid-Atlantic States, and NW Oregon/SW Washington.

## Kaiser Permanente Out-of-State Insurance Plan Premiums

The following are the 2025 monthly non-Medicare and Medicare medical plan premiums for each state.

Non-Medicare Medical Plans and Monthly Premiums			
	Member only	Member + 1 dependent	Member + 2 or more dependents
California	\$1,279.01	\$2,558.02	\$3,619.60
Hawaii	\$1,006.69	\$2,013.39	\$3,020.08
NW Oregon/SW Washington	\$1,100.08	\$2,200.16	\$3,300.24

Medicare Medical Plans and Monthly Premiums		
	Per person	
California	\$281.72	
Hawaii	\$342.43	
Mid-Atlantic States	\$260.72	
NW Oregon/SW Washington	\$343.68	

## Kaiser Permanente Out-of-State Contact Information

#### <u>kp.org</u>

Mobile app: Kaiser Permanente

- California

   (800) 464-4000
   Northern California Group #52040
   Southern California Group #152053
- Hawaii (800) 966-5955 Group #3003

- Mid-Atlantic States (800) 777-7902 Group #14774
- NW Oregon/SW Washington (800) 813-2000
   Group #4749



# Non-Medicare Medical Plans

We offer non-Medicare medical plan options through two carriers: Kaiser Permanente and UnitedHealthcare. Kaiser Permanente offers a High-Deductible Health Plan (HDHP) and a deductible Health Maintenance Organization (DHMO) plan. UnitedHealthcare offers an HDHP, a DHMO plan, and a new Denver Health PPO plan. All plans cover preventative care at 100%. Refer to carrier pages for more information about each plan.

#### What's the difference?

#### HDHP

- Health care services are offered within a select network of local or national doctors and hospitals depending on the plan
- Lower premium cost
- Higher deductible
- Lower out-of-pocket maximum
- You generally pay the full cost of services until the annual deductible is reached and then pay coinsurance until the outof-pocket maximum is reached.
- You can set up and use a health savings account (HSA) to help budget out-of-pocket expenses.

#### DHMO/PPO

- Health care services are offered within a select network of local Colorado doctors and hospitals depending on your provider
- Higher premium cost
- Lower deductible
- Higher out-of-pocket maximum
- You pay for some services in the form of a copay and the full cost for other services until the annual deductible is reached and then pay either copays or coinsurance until the out-of-pocket maximum is reached.

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## Kaiser Permanente

Kaiser Permanente combines care and coverage into one easyto-use package. That means your doctors and health plan work together, which makes your health care experience more seamless, and more personalized. When you choose a Kaiser Permanente health plan, you get:

- High-quality care from top doctors and specialists
- 24/7 access to care that fits into your daily routine
- Cost estimates in advance
- An award-winning mobile app and website to manage both care and coverage needs anytime, anywhere
- One-stop care at Kaiser Permanente medical offices
- Reminders when it's time for screenings and immunizations
- Less paperwork to fill out



### Kaiser Permanente Colorado kp.org (303) 338-3800 Mobile app: Kaiser Permanente HDHP Group #75-R74 DHMO Group #75-R75

Kaiser Permanente Colorado Plans and Monthly Premiums				
	Member only	Member + spouse	Member + child(ren)	Member + family
HDHP	\$611.46	\$1,345.21	\$1,222.92	\$1,956.31
DHMO	\$744.85	\$1,638.68	\$1,489.71	\$2,383.53

Kaiser Permanente Colorado Non-Medicare Plan Comparisons – Covered Services			
	HDHP	DHMO	
Annual Deductible			
Single	\$1,650	\$500	
Family	\$3,300	\$1,000	
Out of Pocket Maximum			
Single	\$3,300 per individual	\$4,500 per individual	
Family	\$6,600 per family	\$9,000 per family	
Services			
Preventative	No charge	No charge	
PCP Office Visit	20% after deductible	No charge per office visit; 20% coinsurance after deductible for other covered services received during visit	
Specialist Office Visit	20% after deductible	\$75 copay	
Urgent Care	20% after deductible	No charge per office visit; 20% coinsurance for other covered services received during visit	
Emergency Room	20% after deductible	20% after deductible	
Ambulance	20% after deductible	20% coinsurance	

Kaicor Pormanonto	Colorado Non-Medicare Pla	on Comporisons – Covoro	d Sonvicos (continued)
		an Compansons – Covere	u Services (continueu)

	HDHP	DHMO			
Services	Services				
Inpatient Hospital	20% after deductible	20% after deductible			
Physician Fees for Surgical/Medical Services	10%-20% after deductible	20% after deductible			
Outpatient Surgery (the amount you pay is based on place of service)	10%-20% after deductible	\$500 copay or 20% after deductible			
Lab and X-Ray	20% after deductible	\$0-\$25 copay			
MRI/CAT/CT/PET	20% after deductible	\$250 copay			
Mental Health/Substance Abuse Outpatient Services	20% after deductible	No charge per office visit; 20% coinsurance for other covered services received during visit			
Physical, Occupational, and Speech Therapy	20% after deductible, combined limit of 60 visits per year	20% after deductible, combined limit of 60 visits per year			
Chiropractic	20% after deductible, maximum of 20 visits per year	\$30 copay, maximum of 20 visits per year			
Durable Medical Equipment	20% after deductible	20% after deductible			
Home Health Care	20% after deductible, maximum of 8 hours per day and 28 hours per week	20% after deductible, maximum of 8 hours per day and 28 hours per week			
Hospice Care	20% after deductible	No charge			
Skilled Nursing Facility	20% after deductible, maximum of 100 days per year	20% after deductible, maximum of 100 days per year			

Kaiser Permanente Colorado Non-Medicare Plan Comparisons – Prescription Drugs			
	HDHP DI		
30-day supply	_		
Generic	\$10 copay after deductible	\$10 copay	
Preferred Brand	\$35 copay after deductible	\$35 сорау	
Non-Preferred Brand	\$60 copay after deductible	\$60 copay	
Specialty	Applicable Tier Copay \$100 copay		
90-day supply by mail			
Generic	\$20 copay after deductible	\$20 copay	
Preferred Brand	\$70 copay after deductible	\$70 copay	
Non-Preferred Brand	\$120 copay after deductible	\$120 copay	
Specialty	N/A	N/A	

## UnitedHealthcare

United by a Mission. Grounded in our Values. We are a mission-driven organization grounded in values of Compassion, Integrity, Innovation, Performance and Relationships. Helping People Live Healthier Lives And Helping Make The Health System Work Better For Everyone.

# **UNITEDHEALTH GROUP®**

UnitedHealthcare

Pre-member website: <u>whyuhc.com/Denver</u> Member website: <u>myuhc.com</u> HDHP: (800) 842-5520 CDP: (800) 349-0574 Mobile app: UnitedHealthcare mobile app Group #717340

UnitedHealthcare Plans and Monthly Premiums							
	Member only Member + spouse Member + child(ren) Member + f						
HDHP (Nationwide)	\$813.39	\$1,789.47	\$1,626.79	\$2,602.86			
Colorado Doctors Plan (Colorado only)	\$855.43	\$1,881.95	\$1,710.87	\$2,737.39			
Denver Health PPO (Colorado only)	\$830.02	\$1,826.04	\$1,660.04	\$2,656.06			

UnitedHealthcare Non-Medicare Plan Comparisons – Covered Services					
	HDHP	Colorado Doctors Plan	Denver Health PPO		
Annual Deductible					
Single	\$1,650	\$500	\$250		
Family	\$3,300	\$1,000	\$500		
Out of Pocket Maximum					
Single	\$3,300 per individual	\$4,500 per individual	\$5,000 per individual		
Family	\$6,600 per family	\$9,000 per family	\$10,000 per family		
Services					
Preventative	No charge	No charge	No charge		
PCP Office Visit	20% after deductible	No charge	\$15 copay		
Specialist Office Visit	20% after deductible	\$75 copay	\$30 copay		
Urgent Care	20% after deductible	No charge	\$50 copay		
Emergency Room	20% after deductible	20% after deductible	\$300 copay		
Ambulance	20% after deductible	20% after deductible	TBD*		
Inpatient Hospital	20% after deductible	20% after deductible	\$500 copay		
Physician Fees for Surgical/Medical Services	20% after deductible	20% after deductible	TBD*		
Outpatient Surgery	20% after deductible	20% after deductible	\$250 copay		
Lab and X-Ray	20% after deductible	\$25 copay	10% after deductible		
MRI/CAT/CT/PET	20% after deductible	\$250 copay	10% after deductible		

UnitedHealthcare Non-Medicare Plan Comparisons – Covered Services (continued)				
	HDHP Co		Denver Health PPO	
Services				
Mental Health/Substance Abuse Outpatient Services	20% after deductible	No charge	TBD*	
Physical, Occupational, and Speech Therapy	20% after deductible, combined limit of 60 visits per year	\$75 copay, combined limit of 60 visits per year	\$30 copay, maximum of 30 visits per type per year	
Chiropractic	20% after deductible, maximum of 20 visits per year	20% after deductible, maximum of 20 visits per year	\$20 copay, maximum of 20 visits per year	
Durable Medical Equipment	20% after deductible	20% after deductible	10% after deductible	
Home Health Care	20% after deductible, maximum of 60 visits per year	20% after deductible, maximum of 60 visits per year	10% after deductible	
Hospice Care	20% after deductible	20% after deductible	10% after deductible	
Skilled Nursing Facility	20% after deductible, maximum of 60 days per year	20% after deductible, maximum of 60 days per year	TBD*	

UnitedHealthcare Non-Medicare Plan Comparisons – Prescription Drugs				
	HDHP	HDHP Colorado Doctors Plan		
30-day supply				
Generic	\$10 copay after deductible	\$10 copay	\$10 copay	
Preferred Brand	\$35 copay after deductible	\$35 copay	\$35 copay	
Non-Preferred Brand	\$60 copay after deductible	\$60 copay	\$60 copay	
Specialty	N/A	N/A \$100 copay		
90-day supply by m	nail			
Generic	\$25 copay after deductible	\$25 copay	\$20 copay	
Preferred Brand	\$87.50 copay after deductible	\$87.50 copay	\$70 copay	
Non-Preferred Brand	\$150 copay after deductible	\$150 copay	\$120 copay	
Specialty	N/A	N/A	N/A	

\*Information not available at the time of publication. Visit DERP.org for an updated digital version of this guide.

tirement Plan | 2024 Retiree Health Insurance

# Medicare Plans

We offer three Medicare Advantage plans through Humana and Kaiser Permanente for you and your dependent(s) who are eligible for Medicare and are actively enrolled in Parts A and B. All of our Medicare Advantage plans include Part D, Prescription Drug Coverage. When you enroll in one of our Medicare Advantage plans you should not enroll in a separate Part D plan as this will cause you or your dependent(s) to be cancelled from the DERP Medicare Advantage plans.

The Humana Health Maintenance Organization (HMO) and Kaiser Permanente Colorado Senior Advantage HMO plans are only available to members living in certain geographic regions. The Humana HMO is a traditional HMO plan where you must select an in-network primary care physician (PCP) and that PCP works with you to handle all your medical care. When specialists are needed, the PCP may need to provide a referral. You should refer to your Evidence of Coverage or call your insurance company for assistance.

The Humana Preferred Provider Organization (PPO) plan is more flexible and available nationwide. It offers you and your dependents flexibility with the ability to see providers that are in and out of the Humana network if the provider accepts Medicare patients. No referrals are required on the Humana PPO plan.

#### Medicare Eligibility

When you become eligible for Medicare (for most, that is age 65), you are no longer eligible to be enrolled in one of DERP's non-Medicare medical plans. Instead, you become eligible to enroll in one of DERP's Medicare Advantage plans.

Steps to enroll in a DERP Medicare Advantage plan:

- 1. Contact Social Security and enroll in Medicare Parts A and B three months before your 65th birthday.
- 2. Email <u>Help@DERP.org</u> to request an enrollment application when you receive your Medicare card showing your entitlement to Parts A and B.
- 3. Complete and return your application, along with a copy of your Medicare card, to us prior to your effective date of enrollment. (Medicare does not allow retroactive enrollments on Medicare Advantage Medical plans.)

# Humana.

Humana Medicare Advantage

Whether you need help managing a condition or maintaining good health, Humana is here to support your wellness goals with steps to help you achieve them through programs and extras that come with your plan.

#### New for 2025!

- Part D out-of-pocket drug costs will be capped at \$2,000.
- The Coverage Gap (donut hole) is eliminated.
- Part D enrollees will have the option of spreading out-of-pocket Part D drug costs over the year under the Medicare Prescription Payment Plan.

#### Humana

humana.com

(866) 396-8810 Mobile app: MyHumana Group # varies – refer to your ID card

Humana Plans and Monthly Premiums		
	Per person	
НМО	\$148.29	
PPO	\$148.77	

# KAISER PERMANENTE

Kaiser Permanente Colorado Senior Advantage

With Kaiser Permanente, you're choosing more than just a health plan. You're also choosing nationally recognized, integrated care, delivered in ways that fit into your schedule. The way it's meant to be. The Kaiser Permanente Medicare health plan in Colorado earned the highest possible rating of 5 out of 5 Stars for 2024 in Colorado. With your Kaiser Permanente Medicare health plan, you not only get your medical and prescription drug coverage all in one plan, you also receive additional benefits:

#### NEW for 2025!

- Part D out-of-pocket cost will be capped at \$1,500. If you reach this amount your cost share will be \$0 for the rest of the plan year.
- Mail Order Generics (Tier 1 & 2) continue to be \$0.
- In-home support: 60 hours of non-medical support each year.
- One Pass: One Pass is a health and wellness program giving you access to gyms, fitness locations, studios, online workouts, brain health tools, and social events and activities.

#### Kaiser Permanente

#### <u>kp.org</u>

(303) 338-3800 Mobile app: Kaiser Permanente Group #90-065

Kaiser Permanente Plan and Monthly Premium		
	Per person	
НМО	\$182.23	

Humana and Kaiser Medicare Plan Comparisons – Covered Services				
	Hun	nana	Kaiser Permanente	
	НМО	PPO	Colorado HMO	
Annual Deductible-Medical Services Only	N/A	\$150	N/A	
Out of Pocket Maximum- Medical Services Only	\$2,500	\$2,500	\$2,500	
Preventative	No charge	No charge	No charge	
PCP Office Visit	No charge	Deductible then \$10 copay	\$15 copay	
Specialist Office Visit	\$25 copay	Deductible then \$25 copay	\$25 copay	
Urgent Care	\$30 copay	\$30 copay	\$25 copay	
Emergency Room	\$65 copay	\$65 copay	\$75 copay	
Ambulance	20% coinsurance up to \$195 per trip	Deductible then \$50 copay	20% coinsurance up to \$195 per trip	
Inpatient Hospital	\$250 copay	Deductible then \$250 copay	\$250 copay	
Outpatient Surgery	\$150 copay	Deductible then \$100-\$225 copay	\$150 copay	
X-Ray, Lab, and Diagnostic Services	No charge	Deductible then \$0-\$25 copay	\$0-\$25 copay	
MRI/CAT/CT/PET	\$0-\$100 copay	Deductible then \$0-\$25 copay	\$100 copay	
Mental Health/ Substance Abuse Outpatient Services	\$0-\$15 copay	Deductible then \$15 copay	\$15 copay	
Physical, Occupational, and Speech Therapy	\$15 copay	Deductible then \$15 copay	\$15 copay	

Humana and Kaiser Medicare Plan Comparisons – Covered Services (continued)				
	Hun	nana	Kaiser Permanente	
	НМО	PPO	Colorado HMO	
Covered Services				
Vision Care	\$25 copay per exam; Medicare covered services only; no routine exams	Deductible then \$25 copay per exam; Medicare covered services only; no routine exams	\$15-\$30 copay per exam; Up to \$200 materials benefit every year	
Chiropractic	\$15 copay; Medicare covered services only	Deductible then \$20 copay; Medicare covered services only	\$15 copay; Maximum of 20 visits per year	
Durable Medical Equipment	No charge	Deductible then no charge	No charge	
Oxygen	No charge	Deductible then no charge	No charge	
Home Health Care	No charge	Deductible then no charge	No charge	
Hospice Care	Covered through Original Medicare	Covered through Original Medicare	Covered through Original Medicare	
Skilled Nursing Facility Care	No charge, maximum of 100 days per year	Deductible then no charge days 1-20; \$100 copay per day days 21-100	No charge; maximum of 100 days per year	
Hearing Exams	No charge; one routine exam/hearing aid evaluation every 2 years	No charge; one routine exam/hearing aid evaluation every 2 years	\$15 copay	
Hearing Aids	\$2,000 credit per ear, up to 1 per ear every 2 years	\$2,000 credit per ear, up to 1 per ear every 2 years	\$1,000 credit per ear every 2 years	

Humana and Kaiser Medicare Plan Comparisons – Prescription Drugs				
	Hun	nana	Kaiser Permanente	
	НМО	PPO	Colorado HMO	
Annual Dedutible- Prescription Only	N/A	\$100	N/A	
Out of Pocket Maximum- Prescription Only	\$2,000	\$2,000	\$1,500	
30-day supply				
Generic	\$15 copay	Deductible then \$5 copay	\$5-\$15 copay	
Preferred Brand	\$35 copay	Deductible then \$25 copay	\$40 copay	
Non-Preferred Brand	\$40 copay	Deductible then \$50 copay	\$60 copay	
Specialty	\$60 copay	Deductible then 25% coinsurance	\$60 copay	
90-day supply by mail				
Generic	\$30 copay	Deductible then no charge	\$0 copay	
Preferred Brand	\$70 copay	Deductible then \$50 copay	\$80 copay	
Non-Preferred Brand	\$80 copay	Deductible then \$100 copay	\$120 copay	
Specialty	N/A	N/A	N/A	



# **Dental Plans**

We offer dental plans through two carriers: Cigna and Delta Dental. Both carriers have three different options of dental coverage. Refer to the plan comparisons for a summary of covered services for each plan.

## **Coverage Verification**

Every plan is different. It is important to understand the specifics of your dental benefits, especially what is and is not covered. If you think you may need treatment and want to find out what your costs will be, ask your dentist to submit a pre-treatment estimate allowing you to understand your full financial responsibility before committing to services.

## Cigna

At Cigna, we aim to deliver affordable, predictable, and simple health care for our customers, patients, and clients.

Cigna is a global health services company dedicated to improving the health, well-being, and peace of mind of those we serve.

With more than 180 million customer and patient relationships in more than 30 countries and jurisdictions, we are able to harness actionable insights that address whole-person health and drive better health outcomes.



Cigna MyCigna.com (800) 244-6224 Mobile app: myCigna Group #3175056

Cigna Plan Premiums					
	Member only	Member + 1 dependent	Member + 2 or more dependents		
Cigna					
DHMO	\$35.71	\$71.83	\$107.89		
PPO Low	\$39.46	\$78.19	\$120.78		
PPO High	\$51.58	\$102.43	\$158.36		

Cigna Plan Comparisons					
	Dental Care PPO Low		PPO High		
	Access	In-Network	Out-of-Network	In-Network	Out-of-Network
Annual Deduc	tible				
Single	N/A	\$25	\$25	\$25	\$25
Family	N/A	\$75	\$75	\$75	\$75
Annual Maximum Benefit	N/A	\$1,000	\$1,000	\$1,500	\$1,500
Covered Providers	Cigna Dental Care HMO Providers	Cigna Dental PPO Network	Cigna Dental PPO Network	Cigna Dental PPO Network	Cigna Dental PPO Network
Services					
Diagnostic & Preventative	\$0-\$240 copay	No charge	No charge	No charge	No charge
Restorative (Fillings)	\$0-\$115 copay	30% after deductible; up to annual maximum benefit	30% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*

Cigna Plan Comparisons (continued)									
	Dental Care	PPO	Low	PPO	High				
	Access	In-Network	Out-of-Network	In-Network	Out-of-Network				
Services									
Crowns & Bridges	\$12-\$245 copay	50% after deductible; up to annual maximum benefit	50% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*				
Endodontics (Root Canals)	\$12-\$245 copay	30% after deductible; up to annual maximum benefit	30% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*				
Periodontics (Gum Treatment)	n \$24-\$430 copay up to ann		30% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*				
Prosthetics (Dentures)	\$14-\$425 copay	50% after deductible; up to annual maximum benefit	50% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge afte deductible up to annua maximum benefit <sup>1</sup>				
Oral Surgery (Extractions)	\$8-\$185 copay	30% after deductible; up to annual maximum benefit	30% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*				
Orthodontics (Braces)	\$50-\$1,584 copay for children up to age 19; \$50- \$2,328 copay for adults	50% after deductible, available to children up to age 19; \$1,000 lifetime maximum benefit	50% after deductible*, available only to children up to age 19; \$1,000 lifetime maximum benefit	50% after deductible, available only to children up to age 19; \$1,250 lifetime maximum benefit	50% after deductible*, available only to children up to age 19; \$1,250 lifetime maximum benefit				
Anesthetics	\$73-\$190 copay	30% after deductible; up to annual maximum benefit	30% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*				
Implants	Not covered	50% after deductible; up to annual maximum benefit	50% after deductible*; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit	No charge after deductible; up to annual maximum benefit*				

\*If you use an out-of-network provider, you may be "balance billed" by your dentist for any charges above Cigna's contracted PPO fee schedule.

## Delta Dental

Delta Dental of Colorado is a nonprofit dental benefits company with a mission to improve the oral health of the communities we serve. Through our innovative plans, large dentist network, and expert customer service, we make dental care accessible, affordable, and simple, leading to a healthier smile and life. And through our foundation and corporate social responsibility initiatives, we are active in the community, helping expand access to quality dental care and giving to organizations that support our mission of improving the oral health of the communities we serve. Creating healthy Colorado smiles is what drives us.

## **A DELTA DENTAL**°

Delta Dental deltadentalco.com (800) 610-0201 Mobile app: Delta Dental Group #11356

Delta Dental Plan Premiums									
	Member only	Member + 1 dependent	Member + 2 or more dependents						
Delta									
EPO	\$45.36	\$84.25	\$136.08						
PPO Low	\$40.69	\$80.43	\$124.48						
PPO High	\$54.58	\$106.27	\$168.52						

Delta Dental Plan Comparisons										
		PPO	Low	PPO High						
	EPO	In-Network	Out-of-Network	In-Network	Out-of-Network					
Annual Deduc	tible									
Single	N/A	\$25	\$25	\$25	\$25					
Family	N/A	\$75	\$75	\$75	\$75					
Annual Maximum Benefit	N/A	\$1,250	\$1,250	\$2,000	\$2,000					
Covered Providers	Delta Dental PPO Network- Colorado Residents Only	Delta Dental PPO Network- Nationwide	Delta Dental Premier Network- Nationwide	Delta Dental PPO Network- Nationwide	Delta Dental Premier Network- Nationwide					
Services			·							
Diagnostic & Preventative	\$0-\$10 copay	No charge after deductible	20% after deductible; up to annual maximum benefit	No charge after deductible	No charge after deductible					
Restorative (Fillings)	\$21-\$73 copay	20% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	10% after deductible; up to annual maximum benefit	20% after deductible; up to annual maximum benefit					

Delta Dental	Plan Comparisons	(continued)				
	EPO	PPO	PPO High			
	EPO	In-Network	Out-of-Network	In-Network	Out-of-Network	
Services						
Crowns & Bridges	\$0-\$295 copay	50% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	40% after deductible; up to annual maximum benefit	50% after deductible up to annual maximum benefit	
Endodontics (Root Canals)	\$10-\$297 copay	20% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	10% after deductible; up to annual maximum benefit	20% after deductible up to annual maximum benefit	
Periodontics (Gum Treatment)	\$23-\$284 copay	20% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	10% after deductible; up to annual maximum benefit	20% after deductible; up to annual maximum benefit	
Prosthetics (Dentures)	\$16-\$377 copay	50% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	40% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	
Oral Surgery (Extractions)	\$22-\$100 copay	20% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	10% after deductible; up to annual maximum benefit	20% after deductible; up to annual maximum benefit	
Orthodontics (Braces)	\$35-\$1,980 copay	50% no deductible; \$1,000 lifetime maximum benefit	50% no deductible; \$1,000 lifetime maximum benefit	50% no deductible; \$1,000 lifetime maximum benefit	50% no deductible; \$1,000 lifetime maximum benefit	
Anesthetics	\$8-\$56 copay	20% after deductible; up to annual maximum benefit	20% after deductible; up to annual maximum benefit	50% after deductible; up to annual maximum benefit	10% after deductible up to annual maximum benefit	
Implants	Not covered	50% after deductible; up to annual maximum benefit				



# Vision Plan

Eye exams are an important part of overall health for your family. With VSP you get the highest level of care including an annual exam designed to detect signs of health conditions like diabetes and high blood pressure.

## VSP

With a vision of providing access to high-quality, cost-effective eye care to the world, a group of optometrists founded VSP in 1955. More than 60 years later, that vision has evolved into providing world-class products and services to eye care professionals, employers, and more than 80 million members worldwide.



#### VSP

<u>vsp.com</u> (800) 877-7195 Mobile app: VSP Group #30050633

VSP Plan Premiums			
Member only	Member + spouse	Member + child(ren)	Member + family
\$9.54	\$19.41	\$17.90	\$32.72

VSP Plan Summary	
	In-Network
Comprehensive Exam *One exam per 12 months	
Optometrist (OD)	\$10 copay
Standard Lenses (per pair) *One pair of lenses per	12 months
Single Vision	\$25 copay
Bifocals	\$25 copay
Trifocals	\$25 сорау
Frames (Standard) *One pair of frames per 12 months	\$250 allowance
Contact Lenses (per pair) *In lieu of eyeglass lense	s and frames benefit
Medically Necessary	Covered in full
Elective (Cosmetic)	\$200 allowance
Standard Contact Lens Fitting Fee	\$60 copay

VSP has special pricing for lasik surgery with participating centers which can add up to hundreds of dollars in savings for VSP members.

# Additional Useful Information

Will I receive new insurance cards? It depends on the carrier:

#### Kaiser Permanente

New non-Medicare and Kaiser Senior Advantage subscribers will receive new cards. Need a replacement card? Log in to your Kaiser portal account or call (303) 338-4545.

#### UnitedHealthcare

All subscribers will receive new cards. Need a replacement card? Log in to your UnitedHealthcare portal account or call (800) 842-5520.

#### Humana

All subscribers will receive new cards. Need a replacement card? Log in to your Humana portal account or call (866) 396-8810.

#### Cigna

Subscribers are not issued cards. Your dental office can confirm your coverage directly with Cigna.

#### Delta Dental

New subscribers will receive new cards. Need a replacement card? Log in to your Delta Dental portal account or call (800) 610-0201.

#### VSP

Subscribers are not issued cards. Your vision provider can confirm your coverage directly with VSP.

# Do I have insurance coverage when traveling in the United States?

Yes, you're covered when traveling within the United States and have a medical emergency. All medical plans cover emergency and urgent care services at the in-network benefit level, even if the facility is not part of your plan's network. If you're traveling and wish to receive non-emergency care (routine care), check with your medical plan first to determine if the cost of that care is covered by your plan.

#### What happens to my coverage if I move?

When you move, you must notify us of your new address within 30 days of your move date so we can share the change with your insurance carrier(s). You can submit your address change electronically via your <u>MyDERP</u>. org account. If you move outside of your plan's service area, your coverage will be cancelled. In most cases, you can continue to have insurance coverage with us, via an alternate carrier.

#### When can I cancel my coverage?

You may cancel coverage for yourself and/or any dependent at any time. Cancellations are effective the first of the month following receipt of the request for cancellation. If you cancel coverage for you and/or your dependents during the year, you can re-enroll during the Open Enrollment period in October with a January 1 effective date.

# Contacts

#### Medical Plans:

## Humana

humana.com (866) 396-8810 Mobile app: MyHumana Group # varies by residence – refer to your ID card

Silver Sneakers
 <u>silversneakers.com</u>

## Kaiser Permanente Colorado Non-Medicare

#### <u>kp.org</u>

(303) 338-3800 Mobile app: Kaiser Permanente HDHP Group #75-R74 DHMO Group #75-R75

## Kaiser Permanente Colorado Senior Advantage

#### <u>kp.org</u>

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(303) 338-3800 Mobile app: Kaiser Permanente Group #90-065

One Pass
 <u>YourOnePass.com</u>

## Kaiser Permanente Out-of-State

<u>kp.org</u> Mobile app: Kaiser Permanente

- California (800) 464-4000 Northern California Group #52040 Southern California Group #152053
- Hawaii (800) 966-5955 Group #3003
- Mid-Atlantic States (800) 777-7902 Group #14774
- NW Oregon/SW Washington (800) 813-2000 Group #4749

#### UnitedHealthcare

Pre-member website: whyuhc.com/Denver Member website:

myuhc.com HDHP: (800) 842-5520 CDP: (800) 349-0574 Mobile app: UnitedHealthcare Group #717340

#### **Dental Plans:**

## Cigna

cigna.com (800) 244-6224 Mobile app: myCigna Group #3175056

#### Delta Dental

deltadentalco.com

(800) 610-0201 Mobile app: Delta Dental Group #11356

## Vision Plan: VSP vsp.com (800) 877-7195

Mobile app: VSP Group #30050633

#### **Other Resources:**

Centers for Medicare and Medicaid <u>cms.gov</u> (800) 633-4227

#### Social Security Administration

<u>ssa.gov</u> (800) 772-1213

# 2025 DERP Pension Benefit Payment Calendar

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Retiree Benefit Payment Dates

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# Notes





777 Pearl Street, Denver. CO 80203

## Your 2025 DERP Retiree Health Insurance Guide Is Here!

It's Open Enrollment and time to choose your benefits options.

- ✓ Review the 2025 DERP Help Benefits Guide
- ✓ Visit DERP.org to watch carrier presentations
- ✓ Email Help@DERP.org with any questions
- $\checkmark$  Select the plan that meets your needs
- ✓ Log on to your MyDERP.org account to enroll

Open Enrollment is October 1-31, 2024



Powering Your Future, Together.