Humana Group Medicare Humana Inc. P.O. Box 669 Louisville, KY 40201-0669

### **Important plan information**





# Your journey to better health, for better retirement Humana Group Medicare



# Beyond healthcare

At Humana, we give you everything you expect from a healthcare plan, but that's just our starting point. We then find more ways to help, and more ways to support your health and your goals. That's human care, and it's just the way things ought to be.

# Humana

A more human way to healthcare™

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Denver Employees Retirement Plan



# We're here for you

Humana Group Medicare Customer Care **866-396-8810 (TTY: 711)** Monday – Friday, 8 a.m. – 9 p.m., Eastern time

Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal. Call **866-396-8810 (TTY: 711)** for more information.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.

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HMO

2024 HUMANA GROUP MEDICARE HEALTH MAINTENANCE ORGANIZATION (HMO) PLAN

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# Group Medicare Advantage plan guide

Understanding your Medicare plan and how it works is important. Your healthcare plan should help you on your journey to better health, which may help you achieve the retirement you want—so you can spend more time doing what you love most.

## Inside this guide you'll find:

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Humana

## **Plan specific information**

- Medical Summary of Benefits
- Rx Summary of Benefits
- Hearing Benefits
- HMO Election Form
- Business Reply Envelope





# Get the hassle-free care you deserve

# Humana Medicare Advantage HMO with prescription drug plan offers you:

- All the benefits of Original Medicare, plus extra benefits
- · Maximum out-of-pocket protections
- Worldwide emergency coverage
- Programs to help improve health and well-being

#### A dedicated team and more...

- Your choice of an in-network provider to manage your care
- Large network of providers, specialists and hospitals to pick from
- Coverage for office visits, including routine physical exams
- Coverage for medically necessary stays in the hospital
- Almost no claim forms to fill out or mail—we take care of that for you
- Predictable costs, so you'll know how much your copayments and coinsurance percentages are
- Dedicated Customer Care specialists who serve only our Group Medicare members

# Welcome to a more human way to healthcare

# Take action to enroll

#### Dear Group Medicare Beneficiary,

We're excited to let you know that **DERP** has asked Humana to offer you a Medicare Advantage and Prescription Drug Plan that gives you more benefits than Original Medicare.

Your health is more important than ever. That's why Humana has a variety of tools, programs and resources to help you stay on track. At Humana, helping you achieve lifelong well-being is our mission. During our over 30 years of experience with Medicare, we've learned how to be a better partner in health.

#### Get to know your plan

Review the enclosed materials. This packet includes information on your Group Medicare healthcare option along with extra services Humana provides.

- If you have questions about your premium, please call your benefits administrator at **303-839-5419 (TTY: 711)**, Monday Friday, 8 a.m. 5 p.m., Mountain time.
- Go to **Humana.com**, "Member Resources" and select "Humana Drug List" then scroll to "Required Fields" to find a list of drugs covered by your Humana Group Medicare plan. For **Rx 141** choose **GRP 6**.
- Use Humana's Find a doctor tool at **Humana.com/FindaDoctor** for a list of network providers.

#### **Enrollment Information**

• For enrollment information, please refer to the document titled "Important Enrollment Information," located in this packet.

### What to expect after you enroll

Enrollment confirmation

You'll receive a letter from Humana once the Centers for Medicare & Medicaid Services (CMS) confirms your enrollment.

• Humana member ID card

Your Humana member ID card will arrive in the mail shortly after you enroll.

• Evidence of Coverage (EOC)

You will receive information on how to view or request a copy of an Evidence of Coverage document (also known as a member contract or subscriber agreement). Please read the document to learn about the plan's coverage and services. This will also include your privacy notice.

#### • Take your Medicare Health Assessment

CMS requires Humana to ask new members to complete a health survey within their first few months of enrollment.

It's nine simple questions about your health. Your answers will help us guide you to tools and resources available to help you reach your health goals. The information you provide will not affect your plan premiums or benefits or what you pay for them.

Once you have received your Humana member ID card or after your plan is effective, you can call our automated voice service anytime to take this survey at **888-445-3389 (TTY: 711)**. When you call, you'll be asked to provide your eight-digit member ID number located on the front of your Humana member ID card, so have your ID card handy.

You may also take the survey online at MyHumana.com after activating your online account.

#### • In-home Health and Well-being Assessment (IHWA)

This is a yearly detailed health review conducted in the comfort of your home, providing an extra set of eyes and ears for your doctor so you can feel more in control of your health and well-being.

You may receive a call from one of our IHWA vendors, Signify Health or Matrix Medical Network, to schedule your assessment. If you have questions, you may ask when they call, or contact Humana at the phone number listed on the back of your member ID card.

We look forward to serving you now and for many years to come.

Sincerely, Group Medicare Operations **Denver Employees Retirement Plan** is offering you the option to enroll in the Humana Group Medicare health maintenance organization (HMO) plan. If you want to enroll in this plan, please follow the instructions below. Your plan will start on the date set by your benefit administrator. **Enrollment in this plan will cancel your enrollment in a different Medicare Advantage or a Medicare Prescription Drug (Part D) plan. However, if you are currently enrolled in a Medicare Supplement plan, you will have to take action to cancel your enrollment.** 

#### How do I enroll?

If you want to enroll in this Group Medicare health plan, and it is not Open Enrollment, you must complete the election form located in this enrollment packet and return it directly to DERP. To enroll in this Group Medicare health plan, you can elect your plan online during Open Enrollment (October 1 – 31) at www.myderp.org or complete the election form located in this enrollment packet and return it to the address below

Denver Employees Retirement Plan Attn: Membership Services 777 Pearl St. Denver, CO 80203

#### What do I need to know as a member of the Humana Group Medicare HMO plan?

This enrollment packet includes important information about this plan and what it covers, including a Summary of Benefits document. Please review this information carefully.

Once enrolled, you will receive information on how to view or request a copy of an Evidence of Coverage document (also known as a member contract or subscriber agreement) from the Humana Group Medicare HMO plan. Please read the document to learn about the plan's coverage and services. As a member of the Humana Group Medicare HMO plan, you can appeal plan decisions about payment or services if you disagree. Enrollment in this plan is generally for the entire year.

When your Humana Group Medicare HMO plan begins, you must receive all of your healthcare from providers that are a part of Humana's provider network. The exceptions are for emergency care, out of area dialysis services, or urgently needed services. If you get care or services that aren't approved or covered by your plan, neither Medicare nor the Humana Group Medicare HMO plan may pay for these services.

You must use network pharmacies to access Humana benefits, except under limited, non-routine circumstances when you can't reasonably use network pharmacies.

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You must keep Medicare Parts A and B as the Humana Group Medicare plan is a Medicare Advantage plan. You must also continue to pay your Part B premium. If you are assessed a Part D-Income Related Monthly Adjustment Amount (Part D-IRMAA), you will be notified by the Social Security Administration. You will be responsible for paying this extra amount in addition to your plan premium. You can enroll in only one Medicare Advantage plan at a time. You must let us know if you think you might be enrolled in a different Medicare Advantage plan or a Medicare prescription drug plan and inform us of any prescription drug coverage that you may get in the future.

#### What happens if I don't join the Humana Group Medicare HMO plan?

You aren't required to be enrolled in this plan. If you don't want to enroll or have enrollment questions, please contact DERP Monday through Friday, at 303-839-5419, 8 a.m. to 5 p.m., Mountain time.

If you choose to join a different Medicare plan, you can contact **800-MEDICARE** anytime, 24 hours a day, 7 days a week, for help in learning how. TTY users can call **877-486-2048**. Your state may have counseling services through the State Health Insurance Assistance Program (SHIP). They can provide you with personalized counseling and assistance when selecting a plan, including Medicare Supplement plans, Medicare Advantage plans and prescription drug plans. They can also help you find medical assistance through your state Medicaid program and the Medicare Savings Program.

#### What if I want to leave the Humana Group Medicare HMO plan?

You can change or cancel your Humana coverage at any time and return to Original Medicare or another Medicare Advantage plan by using a special election. You can send a request to the Humana Group Medicare plan. Please contact DERP Monday through Friday, at 303-839-5419, 8 a.m. to 5 p.m., Mountain time to advise of your decision. You can also call **800-MEDICARE** anytime, 24 hours a day, 7 days a week. TTY users can call **877-486-2048**.

#### What happens if I move?

The Humana Group Medicare HMO plan serves a specific service area. **If you move to another area or state, it may affect your plan.** It's important to contact your benefits administrator DERP Monday through Friday, at 303-839- 5419, 8 a.m. to 5 p.m. Mountain time. Please also call Humana Group Medicare Customer Care at **866-396-8810 (TTY: 711)**, Monday – Friday, 8 a.m. – 9 p.m., Eastern time, to notify of the new address and phone number.

If you don't have Medicare prescription drug coverage, or drug coverage that's as good as Medicare's prescription drug coverage, you may have to pay a late enrollment penalty if you sign up for Medicare prescription drug coverage in the future.

#### **Release of Information**

By joining this Medicare Advantage plan, you give us permission to share your information with Medicare and other plans when needed for treatment, payment and health care operations. We do this to make sure you get the best treatment and to make sure that it is covered by the plan. Medicare may also use this information for research and other reasons allowed by Federal law.

# Your health at your fingertips with MyHumana

# Get your personalized health information on MyHumana

A valuable part of your Humana plan is a secure online account called MyHumana where you can keep track of your claims and benefits, find providers, view important plan documents and more.

Get the most out of MyHumana by keeping your account profile up to date. Whether you prefer using a desktop, laptop, or smartphone, you can access your account anytime.\*

## Getting started is easy—just have your Humana member ID card ready and follow these three steps:

# 1)

#### Create your account.

Visit **Humana.com/registration** and select the "Start activation now" button.

2

#### Choose your preferences.

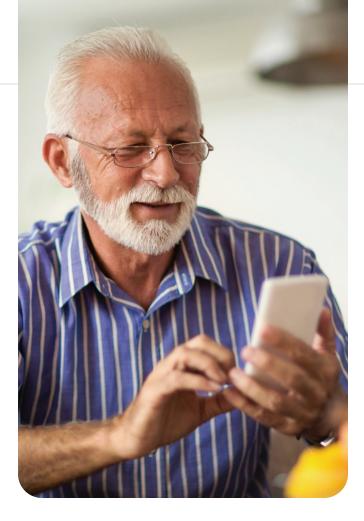
The first time you sign into your MyHumana account, be sure to choose how you want to receive information from us—online or mailed to your home. You can update your communication preferences at any time.

3

#### View your plan benefits.

After you set up your account, be sure to view your plan documents so you understand your benefits and costs. You can also update your member profile if your contact information has changed.

\*Standard data rates may apply.



# The MyHumana mobile app

If you have an iPhone or Android, download the MyHumana mobile app. You'll have your plan details with you at all times.\*

Visit **Humana.com/mobile-apps** to learn about our many mobile apps, the app features and how to use them.

# With MyHumana and the MyHumana mobile app, you can:

- Review your plan benefits and claims
- Find pharmacies in your network
- Find providers in your network
- Lookup and compare medication prices
- View or update your medication list
- View or print your Humana member ID card

### Have questions?

If you need help using MyHumana, try our Chat feature or call Customer Care at the number listed on the back of your Humana member ID card.

# Building healthy provider relationships

Having a relationship with your primary care provider (PCP) is an important step in protecting and managing your health.

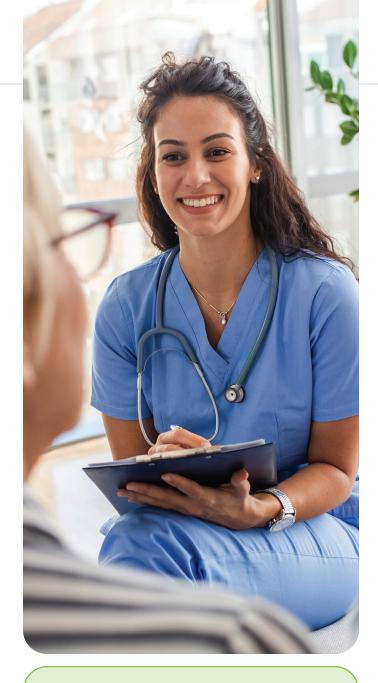
With the Humana Group Medicare HMO plan, you can use any provider who is part of our network. For more information, refer to your Summary of Benefits located in this packet.

# Why choose a Humana network provider?

- You'll have a PCP who will help you manage your care, will get to know your overall health history and can guide you toward preventive care to help you be healthy and active.
- If you need to see a specialist, you must first schedule an appointment with your PCP and he or she will provide a referral to an in-network specialist.
- When you need hospital or outpatient care, you may need a referral. Ask your provider to contact us whenever you're admitted to the hospital, we may have advice and special programs your provider can use.
- Humana supplies in-network providers with information about services and programs available to patients with chronic conditions.

## Is your healthcare provider in Humana's provider network?

If you need help finding a provider, call our Group Medicare Customer Care team or use our online directory at **Humana.com/Findadoctor**. You can also find a complete list of network providers and pharmacies at MyHumana, your personal, secure online account at **MyHumana.com** or on the MyHumana mobile app (standard data rates may apply).

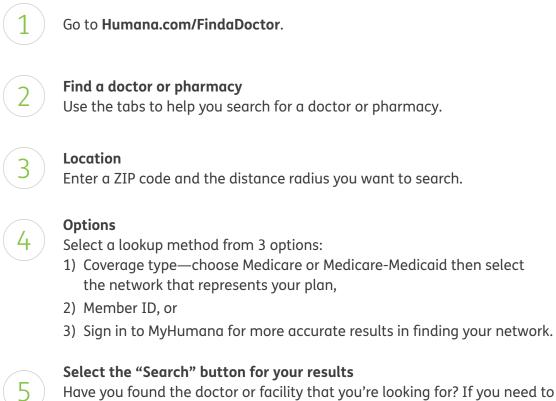


# Medical preauthorization

For certain services and procedures, your provider or hospital may need to get advance approval from Humana before your plan will cover any costs. This is called prior authorization or preauthorization. Providers or hospitals will submit the preauthorization request to Humana. If your provider hasn't done this, please call our Customer Care team, as Humana may not be able to pay for these services.

# Use Humana's Find a Doctor tool to search for a provider near you

Choosing a doctor or healthcare facility is an important decision. You can use Humana's Find a Doctor tool to search for an in-network provider near you.



revise your search, you can search again without leaving the results page.



# Find a doctor on the MyHumana mobile app

Once you are enrolled with Humana, you can use the MyHumana mobile app to find a provider near you. On the app dashboard, locate the "Find Care" section.

Call our Customer Care team at 866-396-8810 (TTY: 711), Monday – Friday, 8 a.m. – 9 p.m., Eastern time.

# Telehealth visits are available through your Humana plan

The doctor is in, even if you can't or don't want to go into an office. Telehealth visits allow you to get nonemergency medical care or behavioral healthcare through your phone,\* tablet or computer.<sup>†</sup>

## Virtual care where you're most comfortable

Telehealth could be used for chronic condition management, follow-up care after an in-office visit, medication reviews and refills, and much more—just like an in-office visit.

When should I use it? For a nonemergency issue, instead of going to the emergency room (ER) or an urgent care center.

**Ask your trusted provider if they offer telehealth visits and if so, what you need to do to get started.** If you don't have a primary care provider or if your PCP doesn't offer virtual visits, you can use the "Find a doctor" tool on **Humana.com** or call the number on the back of your member ID card to get connected with a provider that offers this service.

### Connect with someone who cares

Use telehealth services to connect with a licensed behavioral health specialist. These providers are available when you may need them to coach you through many of life's challenges. These providers can:

- Discuss healthy ways you can deal with stress, anxiety or sadness
- Listen without judgment as you talk about your life, relationships and feelings
- Help you set and meet behavioral and emotional goals
- Assist you in developing strategies for living a fuller, healthier life

Ask your trusted provider about any virtual behavioral health options they may offer. One option is Array, a national in-network virtual behavioral health provider. Visit Arraybc.com/patients/Humana or call 888-410-0405 (TTY: 711) to learn more.

# Delivering the care you need securely, conveniently and on your terms—that's human care.



# Remember, when you have a life-threatening injury or major trauma, call 911.

\*Depending on the initial consultation, video may be required for telehealth visits. \*Standard data rates may apply.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any description of when to use telehealth services is for informational purposes only and should not be construed as medical advice. Please refer to your Evidence of Coverage for additional details on what your plan may cover or other rules that may apply.

# Medicare Part D prescription medication tiers

## Tier 1 – Generic or preferred generic

# Essentially the same medications, usually priced differently

Have the same active ingredients as brand-name medications and are prescribed for the same reasons. The Food and Drug Administration (FDA) requires generic medications to have the same quality, strength, purity and stability as brand-name medications. Your cost for generic medications is usually lower than your cost for brand-name medications.

# Tier 2 – Preferred brand

# A medication available to you for less than a nonpreferred

Generic or brand-name medications that Humana offers at a lower cost to you than nonpreferred medications.

# Tier 3 - Nonpreferred medication

A more expensive medication than a preferred More expensive generic or brand-name prescription medications that Humana offers at a higher cost to you than preferred medications.

## Tier 4 – Specialty

#### Medications for specific uses

Some injectable and other high-cost medications to treat chronic or complex illnesses like rheumatoid arthritis and cancer.

# Important information about your prescription medication coverage

Some medications covered by Humana may have requirements or limits on coverage. These requirements and limits may include prior authorization, quantity limits or step therapy. You can visit **Humana.com** to register or sign in and select Pharmacy or call Humana's Group Medicare Customer Care team to check coverage on the medications you take.

## Prior authorization

The Humana Group Medicare Plan requires you or your provider to get prior authorization for certain medications. This means that you will need to get approval from the Humana Group Medicare Plan before you fill your prescriptions. The reason a prior authorization is required can vary depending on the medication. Humana will work with your provider when a prior authorization is required. The Centers for Medicare & Medicaid Services (CMS) requires a turnaround time of 72 hours for a prior authorization. However, an expedited review can be requested by your provider if waiting 72 hours may be harmful to you.

# Quantity limits

For some medications, the Humana Group Medicare Plan limits the quantity of the medication that is covered. The Humana Group Medicare Plan might limit how many refills you can get or quantity of a medication you can get each time you fill your prescription. Specialty medications are limited to a 30-day supply regardless of tier placement.

## One-time transition fill

For certain medications typically requiring prior authorization or step therapy, Humana will cover a one-time, 30-day supply of your Part D covered medication during the first 90 days of your enrollment. Once you have received the transition fill\* for your prescription requiring a prior authorization or step therapy, you'll receive a letter from Humana telling you about the requirements or limits on the prescription. The letter will also advise that you will need to get approval before future refills will be covered. A prior authorization will need to be approved or other alternative medications should be tried if the medication requires step therapy.

\*Some medications do not qualify for a transitional fill, such as medications that require a Part B vs D determination, CMS Excluded medications, or those that require a diagnosis review to determine coverage.

# Step therapy

In some cases, the Humana Group Medicare Plan requires that you first try certain medications to treat your medical condition before coverage is available for a more expensive medication prescribed to treat your medical condition.

## Next steps for you

- 1. Visit **Humana.com/Pharmacy** to view your prescription drug guide. The prescription drug guide will provide information on quantity limits, step therapy or if a prior authorization is required. If you have additional questions, please call our Customer Care number on the back of your Humana member ID card.
- 2. Talk to your provider about your medications if they require prior authorization, have quantity limits or if step therapy is needed.

## Next steps for your provider

- Go online to Humana.com/Provider and visit our provider prior authorization page. This page has a printable form that can be mailed or faxed to Humana.
- 2. Call **800-555-2546 (TTY: 711)** to speak with our Humana Clinical Pharmacy Review team, Monday – Friday, 8 a.m. – 8 p.m., Eastern time.



# How to find the list of medications covered by your Humana Group Medicare plan

View the most complete and current Drug Guide information online.

Humana's Drug List, also called "formulary," lists the most widely prescribed medications covered by Humana and is updated regularly by doctors and pharmacists in our medical committee. Updates to this year's formulary are posted monthly. New medications are added as needed, and medications that are deemed unsafe by the Food and Drug Administration (FDA) or a drug's manufacturer are immediately removed. We will communicate changes to the Drug List to members based on the Drug List notification requirements established by each state.

If a specific medication you need is not on the list, please call the Customer Care number on the back of your Humana member ID card.

# To find a list of drugs, use the GRP# provided within the Welcome Letter.

- Go to Humana.com
- Hover over the tab, "Member Resources" and then select "Humana Drug List"
- Scroll to "Required Fields", from the "Select plan type" choose Group Medicare in the drop-down menu, select "plan year" and then select the "Find Drug Guide" button
- Scroll and locate your GRP # within the drug list

You can print out the full list of drugs covered under your Humana plan, called the Prescription Drug Guide. (You must have Adobe Reader to view and print these documents.)

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# **CenterWell Pharmacy**

You have the choice of pharmacies for prescription retail and mail order services, CenterWell Pharmacy<sup>™</sup> is one option.\*



### Online

After you become a Humana member, you can sign in to **CenterWellPharmacy.com** with your MyHumana identification number and start a new prescription, order refills or check on an order.



### Provider

Your provider can send prescriptions electronically through e-prescribe or by downloading the fax form from **CenterWellPharmacy.com/forms** and faxing the prescription to CenterWell Pharmacy at **800-379-7617** or CenterWell Specialty Pharmacy<sup>™</sup> at **877-405-7940**.

# Mail

Download the "Registration & Prescription Order Form" from **CenterWellPharmacy.com/forms** and mail your paper prescriptions to: CenterWell Pharmacy, P.O. Box 745099, Cincinnati, OH 45274-5099

#### Phone

For maintenance medication(s), call CenterWell Pharmacy at **800-379-0092** (TTY: 711), Mon. – Fri., 8 a.m. – 11 p.m., and Sat., 8 a.m. – 6:30 p.m., Eastern time.

For specialty medication(s), call CenterWell Specialty Pharmacy at **800-486-2668** (TTY: 711), Mon. – Fri., 8 a.m. – 11 p.m., and Sat., 8 a.m. – 6:30 p.m., Eastern time.

\*Other pharmacies are available in the network.

# Where you get your vaccines may determine how it is covered

## **Medicare Part B vaccines**

The Medicare Part B portion of your plan covers vaccines administered at your provider's office if the vaccine is directly related to the treatment of an injury or direct exposure to a disease or condition, such as hepatitis B, rabies, and tetanus.

The following Medicare Part B vaccines may be obtained at your provider's office or are readily available at a network pharmacy: influenza (flu), pneumococcal, and COVID-19 vaccine and boosters.

## Medicare Part D vaccines

The Medicare Part D portion of your plan covers vaccines that are considered necessary to help prevent illness. Some common vaccines that you should get at your pharmacy, not from your provider, include shingles, Tdap and hepatitis A.

# **Diabetes coverage**

## Medicare Part B

Part B covers certain preventive services for people at risk for diabetes. You must have Part B to get the services and supplies it covers, like:

- diabetic testing supplies
- insulin pumps\*
- continuous glucose monitors (CGM)\*
- insulin administered (or used) in insulin pumps

## Medicare Part D

Part D typically covers diabetes supplies used to administer insulin. You must be enrolled in a Medicare drug plan to get the supplies Part D covers, like:

- diabetes medications
- insulin administered (or used) with syringes or pens
- syringes, pen needles or other insulin administration devices that are not durable medical equipment (e.g., Omnipod or VGO)



# **Diabetic testing supplies**

Your Humana Medicare Advantage Plan helps cover a variety of diabetic glucose testing supplies. The following meters along with their test strips and lancets are covered at \$0 through CenterWell Pharmacy<sup>™</sup>.

- CenterWell TRUE METRIX® AIR by Trividia
- Accu-Chek Guide Me<sup>®</sup> by Roche
- Accu-Chek Guide® by Roche

To order a meter and supplies from CenterWell Pharmacy, call **888-538-3518 (TTY: 711)**, Monday – Friday, 8 a.m. – 11 p.m., and Sat., 8 a.m. – 6:30 p.m., Eastern time.

Your doctor can also send prescriptions for meters and other testing supplies by fax or e-prescribe.

You can also request a no-cost meter from the manufacturer by calling Roche at **877-264-7263** (TTY: 711), or Trividia Health at **866-788-9618** (TTY: 711), Monday – Friday, 8 a.m. – 8 p.m., Eastern time.



# Enhanced vaccine and insulin coverage

## Part B

**Part B medications:** Some Medicare members may see lower out-of-pocket costs for certain Part B medications as determined by CMS.

\$35 insulin copay: Members who administer insulin via an insulin pump will pay no more than
\$35 for every one-month (up to a 30-day) supply. If your plan has a deductible, the deductible does not apply to Part B insulin.

### Part D

**\$0 vaccines:** Member cost share of all Part D vaccines listed on the Advisory Committee on Immunization Practices (ACIP) list<sup>+</sup> will be **\$0**.

**\$35 insulin copay:** Member cost share of this plan's covered Part D insulin products will be **no more than \$35** for every one-month (up to a 30-day) supply.

Giving you support with less stress matters to us, because when your plan gives you peace of mind, you're free to put yourself, and your health, first.

\*CGMs are available through participating retail pharmacies. In addition, CGMs and Insulin pumps are available through our preferred durable medical equipment vendors, CCS Medical, 877-531-7959 or Edwards Healthcare, 888-344-3434.

<sup>†</sup>For more information regarding the Centers for Disease Control and Prevention's ACIP vaccine recommendations, please go to www.cdc.gov/ vaccines/hcp/acip-recs/vacc-specific/index.html.

# Your personalized benefits statement

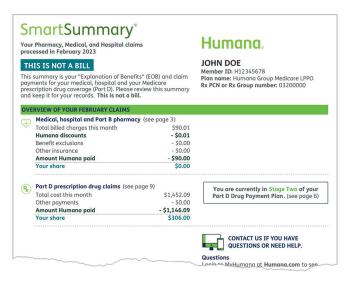
Humana's SmartSummary provides a comprehensive overview of your health benefits and healthcare spending. **You'll receive this statement after each month you've had a claim processed.** You can also sign in to your MyHumana account and see your past SmartSummary statements anytime.

## SmartSummary helps you:

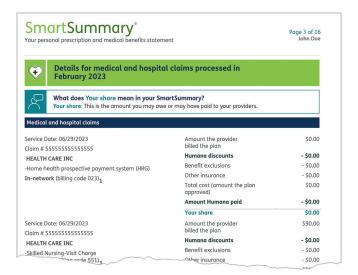
- Understand your total healthcare picture
- Manage your monthly and yearly healthcare costs
- Engage with your providers by having a list of the healthcare services you receive
- Learn about preventive care, health conditions, treatment options and ways to help reduce health expenses

## SmartSummary includes:

- Numbers to watch. SmartSummary shows your total drug costs for the month and year-to-date. It also shows how much of these costs your plan paid and how much you paid—so you can see the value of your prescription benefits.
- **Personalized messages.** SmartSummary gives you tips on saving money on the prescription drugs you take, information about changes in prescription copayments and how to plan ahead.
- Your prescription details. A personalized prescription section tells you more about your prescription medications, including information about dosage and the pharmacy provider. This page can be useful to take to your provider appointments or to your pharmacist.
- **Information relevant for you.** SmartSummary personalizes an informational section with tips on topics that may be helpful for your health.







# Extras that may help you improve your overall wellbeing, at no additional cost

## SilverSneakers

SilverSneakers<sup>®</sup> is a health and fitness program designed for senior adults that offers fun and engaging classes and activities. The program concentrates on improving strength and flexibility so daily living activities become easier. Available at no additional cost through your Humana Medicare Advantage plan, SilverSneakers has online and in-person sessions at any pace—sit, stand, walk or run. Visit **SilverSneakers.com/ StartHere** to get your SilverSneakers ID number and find a location near you, or call SilverSneakers at **888-423-4632 (TTY: 711)**.

## Go365

Go365 by Humana<sup>®</sup> is a wellness program that rewards you for completing eligible healthy activities like working out or getting your Annual Wellness Visit. You can earn rewards to redeem for gift cards in the Go365 Mall.

If you have a MyHumana account, you can use the same information to log in to **Go365.com**. If not, activate your profile at **MyHumana.com**. Once you log into Go365, you'll see eligible activities you can complete to earn rewards and details on how to track your actions.

# Humana Care Management

Humana care management programs support qualifying members to help them remain independent at home, by providing education about chronic conditions and medication adherence, help with discharge instructions, accessing community resources, finding social support and more, all included in the plan at no additional cost. For more information, please contact the number on the back of your Humana member ID card or visit **Humana.com/home-care**.

# Humana Well Dine® meal program

After your overnight inpatient stay in a hospital or nursing facility, you're eligible to receive up to 28 nutritious meals (2 meals per day for 14 days). The meals will be delivered to your door at no additional cost to you. For more information, please contact the number on the back of your Humana member ID card or visit **Humana.com/ home-care/well-dine**.

# Advance care planning with MyDirectives

MyDirectives<sup>®</sup>, an online advance care plan platform, helps you ensure your wishes are met in case unexpected medical emergencies happen or as illnesses progress. With MyDirectives, you can make your exact wishes known and identify the people you trust to speak for you as well. Sign in to **MyHumana.com**, go to MyHealth tab, in the drop down select MyHealth Overview and then select MyDirectives under Resources.

# Humana Health Coaching

Available to all Humana Group Medicare members, our health coaching program provides guidance to help you develop a plan of action that supports your health and well-being goals. A health coach works with you to create a personal vision for your health and well-being, brings clarity to your goals and priorities and provides accountability and support. Get started by calling **877-567-6450 (TTY: 711)**.

# Humana Neighborhood Center

Humana Neighborhood Centers offer a variety of classes in-person and online. Watch daily online classes like cooking demos, crafts, and meditation. To see a full list of virtual activities and to RSVP for classes and other events, visit **HumanaNeighborhoodCenter.com.** To find a Humana Neighborhood Center near you, visit **Humana.com/Humana-neighborhood-centers.** 

# Frequently asked questions

#### Do I need to show my red, white and blue Medicare card when I visit the doctor?

No. You'll get a Humana member ID card that will take its place. Keep your Medicare ID card in a safe place—or use it only when it's needed for discounts and other offers from retailers.

# What should I do if I move or have a temporary address change?

If you move to another area or state, it may affect your plan. It's important to contact your group benefits administrator for details and call to notify Humana of the move.

#### What should I do if I have to file a claim?

Call Humana Group Medicare Customer Care for more information and assistance. To request reimbursement for a charge you paid for a service, send the provider's itemized receipt and the Health Benefits Claim Form (also available at **Humana.com**) to the claims address on the back of your Humana member ID card. Make sure the receipt includes your name and Humana member ID number.

#### What if I have other health insurance coverage?

If you have other health insurance, show your Humana member ID card and your other insurance cards when you see a healthcare provider. The Humana Group Medicare plan may be eligible in combination with other types of health insurance coverage you may have. This is called coordination of benefits. Please notify Humana if you have any other medical coverage.

#### When does my coverage begin?

Your former employer or union decides how and when you enroll. Check with your benefits administrator for the proposed effective date of your enrollment. Be sure to keep your current healthcare coverage until your Humana Group Medicare HMO plan enrollment is confirmed.

#### What if my service needs a prior authorization?

If your medical service or medication requires a prior authorization, your provider can contact Humana to request it. You can call Customer Care if you have questions regarding what medical services and medications require prior authorization.

What should I do if I need prescriptions filled before I receive my Humana member ID card? If you need to fill a prescription after your coverage begins but before you receive your Humana member ID card, take a copy of your temporary proof of membership to any in-network pharmacy.

How can I get help with my drug plan costs? People with limited incomes may qualify for assistance from the Extra Help program to pay for their prescription drug costs. To see if you qualify for Extra Help, call 800-MEDICARE (800-633-4227), 24 hours a day, seven days a week. If you use a TTY, call 877-486-2048. You can also call the Social Security Administration at 800-772-1213. If you use a TTY, call 800-325-0778. Your state's Medical Assistance (Medicaid) Office may also be able to help, or you can apply for Extra Help online at www. socialsecurity.gov.

## Medical insurance terms

#### Coinsurance

#### Your share of the cost after deductible

A percentage of your medical and drug costs that you may pay out of your pocket for covered services after you pay any plan deductible.

#### Copayment

# What you pay at the provider's office for medical services

The set dollar amount you pay when you receive medical services or have a prescription filled.

#### Deductible

#### What you pay up front

The amount you pay for healthcare before your plan begins to pay for your benefits.

#### **Exclusions and limitations**

# Anything not covered or covered under limited situations or conditions

Specific conditions or circumstances that aren't covered under a plan.

#### Maximum out-of-pocket

# The most you'll spend before your plan pays 100% of the cost

The most you would have to pay for services covered by a health plan, including deductibles, copays and coinsurance. If and when you reach your annual out-of-pocket limit, the Humana Group Medicare plan pays 100% of the Medicare-approved amount for most covered medical charges.

#### Network

#### Your plan's contracted medical providers

A group of healthcare providers contracted to provide medical services at discounted rates. The providers include doctors, hospitals and other healthcare professionals and facilities.

#### Plan discount

#### A way Humana helps you save money

Amount you are not responsible for due to Humana's negotiated rate with provider.

#### Premium

#### **The regular monthly payment for your plan** The amount you and/or your employer regularly pay for Medicare or Medicare Advantage coverage.

### **Pharmacy terms**

#### Catastrophic coverage

# What you pay for covered drugs after reaching \$8,000

Once your out-of-pocket costs reach the \$8,000 maximum, you pay \$0 until the end of the plan year.

#### Coinsurance

#### Your share of your prescription's cost

This is a percentage of the total cost of a medication you pay each time you fill a prescription.

#### Copayment

What you pay at the pharmacy for your prescription

The set dollar amount you pay when you fill a prescription.

#### Deductible

# Your cost for Part D prescription medications before the plan pays

The amount you pay for Part D prescription medications before the plan begins to pay its share.

#### **Exclusions and limitations**

#### Anything not covered

Specific conditions or circumstances that aren't covered under a plan.

#### Formulary

#### Medications covered under your plan

A list of medications approved for coverage under the plan. Also called a Drug List.

#### **Out-of-pocket**

#### Portion of costs you pay

Amount you may have to pay for most plans, including deductibles, copays and coinsurance.

# **Know your numbers**

Find important numbers anytime you need them\*

Humana Group Medicare Customer Care 866-396-8810 (TTY: 711), Monday – Friday, 8 a.m. – 9 p.m., Eastern time

Medicare Health Assessment 888-445-3389 (TTY: 711), daily

#### **MyHumana**

Sign in to or register for MyHumana to access your personal and secure plan information at **Humana.com** 

MyHumana mobile app Humana.com/mobile-apps

Doctors in your network Humana.com/FindaDoctor

#### Telehealth

Please contact your local provider to ask about virtual visit opportunities, or access nationwide Humana in-network telehealth options by using the "Find a doctor" tool on **Humana.com** or call the number on the back of your member ID card to get connected with a provider that offers this service.

#### Array behavioral health

888-410-0405 (TTY: 711) Arraybc.com/patients/Humana

#### **CenterWell Pharmacy™**

800-379-0092 (TTY: 711), Mon. – Fri., 8 a.m. – 11 p.m., and Sat., 8 a.m. – 6:30 p.m., Eastern time CenterWellPharmacy.com

CenterWell Specialty Pharmacy™ 800-486-2668 (TTY: 711), Mon. – Fri., 8 a.m. – 11 p.m., and Sat., 8 a.m. – 6:30 p.m., Eastern time CenterWellSpecialtyPharmacy.com

\*You must be a Humana member to use these services.

Humana Clinical Pharmacy Review Team 800-555-2546 (TTY: 711), Monday – Friday, 8 a.m. – 8 p.m., Eastern time

SilverSneakers® 888-423-4632 (TTY: 711), Monday – Friday, 8 a.m. – 8 p.m., Eastern time SilverSneakers.com

Go365 by Humana™ Go365.com

Humana Care Management 866-396-8810 (TTY: 711), Monday – Friday, 8 a.m. – 9 p.m., Eastern time Humana.com/home-care

#### Humana Well Dine®

866-396-8810 (TTY: 711), Monday – Friday, 8 a.m. – 9 p.m., Eastern time Humana.com/home-care/well-dine

Humana Health Coaching 877-567-6450 (TTY: 711)

Humana Neighborhood Centers Humana.com/Humana-neighborhood-centers

**State health insurance program offices 800-633-4227 (TTY: 711)**, daily www.cms.gov/apps/contacts/#

# Important \_

## At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

• The following department has been designated to handle inquiries regarding Humana's nondiscrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **866-396-8810 (TTY: 711)**.

# Auxiliary aids and services, free of charge, are available to you. 866-396-8810 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

# This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.

**Español (Spanish):** Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese):本資訊也有其他語言版本可供免費索取。請致電客戶服務部:877-320-1235 (聽障專線:711)。辦公時間:東部時間上午8時至晚上8時。

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Humana. A more human way to healthcare™

# **Summary of Benefits**

Humana Group Medicare Advantage HMO Plan HMO 076/496

**DERP Plan HMO** 



Our service area includes specific counties within the following states: Alabama, Arizona, Arkansas, California, Colorado, Delaware, Florida, Georgia, Hawaii, Idaho, Illinois, Indiana, Iowa, Kansas, Kentucky, Louisiana, Maine, Maryland, Michigan, Minnesota, Mississippi, Missouri, Montana, Nebraska, Nevada, New Hampshire, New Jersey, New Mexico, New York, North Carolina, Ohio, Oklahoma, Oregon, Pennsylvania, Puerto Rico, South Carolina, South Dakota, Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin.

# Let's talk about the **Humana Group** Medicare Advantage HMO Plan.

Find out more about the Humana Group Medicare Advantage HMO plan – including the services it covers – in this easy-to-use guide.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, refer to the "Evidence of Coverage".

# To be eligible

To join the Humana Group Medicare Advantage HMO plan, you must be entitled to Medicare Part A, be enrolled in Medicare Part B, and live in our service area.

# Plan name:

Humana Group Medicare Advantage HMO plan

# How to reach us:

Members should call toll-free 1-866-396-8810 for questions (TTY/TDD 711)

Call Monday – Friday, 8 a.m. - 9 p.m. Eastern Time.

Or visit our website: Humana.com

Humana Group Medicare Advantage HMO plan has a network of doctors, hospitals, and other providers. For more information, please call Group Medicare Customer Care.



# A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!

# පී Monthly Premium, Deductible and Limits

	IN-NETWORK
PLAN COSTS	
<b>Monthly premium</b> You must keep paying your Medicare Part B premium.	For information concerning the actual premiums you will pay, please contact Humana.
Medical deductible	This plan does not have a deductible.
Maximum out-of-pocket responsibility The most you pay for copays, coinsurance and other costs for medical services for the year.	<b>In-Network Maximum Out-of-Pocket</b> <b>\$2,500</b> out-of-pocket limit for Medicare-covered services. The following services do not apply to the maximum out-of-pocket: Part D Pharmacy; Fitness Program; Health Education Services; Hearing Services (Routine); Meal Benefit; Post-Discharge Personal Home Care; Post-Discharge Transportation Services; Smoking Cessation (Additional) and the Plan Premium.

If you reach the limit on out-of-pocket costs, we will pay the full cost for the rest of the year on covered hospital and medical services.

# Covered Medical and Hospital Benefits

Our plan covers an unlimited number of days for an inpatient hospital stay. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital.	<b>\$250</b> per admit			
OUTPATIENT HOSPITAL COVERAGE				
Outpatient hospital visits	<b>\$0</b> to <b>\$150</b> copay			
Ambulatory surgical center	<b>\$150</b> copay			
DOCTOR OFFICE VISITS				
Primary care provider (PCP)	<b>\$0</b> copay			
Specialists	<b>\$25</b> copay			
PREVENTIVE CARE				
Including: Annual Wellness Visit, flu vaccine, colorectal cancer and breast cancer screenings. Any additional preventive services approved by Medicare during the contract year will be covered.	Covered at no cost			



# 🛞 Covered Medical and Hospital Benefits

**IN-NETWORK** 

EMERGENCY CARE		
<b>Emergency room</b> If you are admitted to the hospital within 24 hours for the same condition, you do not have to pay your share of the cost for emergency care. See the "Inpatient Hospital Care" section of this booklet for other costs.	<b>\$65</b> copay for Medicare-covered emergency room visit(s)	
Urgently needed services Urgently needed services are care provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.	<b>\$0</b> to <b>\$30</b> copay	
DIAGNOSTIC SERVICES, LABS AND IMAGING		
Diagnostic radiology	<b>\$0</b> to <b>\$100</b> copay	
Lab services	<b>\$0</b> copay	
Diagnostic tests and procedures	<b>\$0</b> copay	
Outpatient X-rays	<b>\$0</b> copay	
Radiation therapy	<b>\$25</b> to <b>\$30</b> copay	
HEARING SERVICES		
Medicare-covered hearing	<b>\$25</b> copay	
Routine hearing	<ul> <li>\$0 copay for audio examinations, conformity evaluations, hearing aid evaluations up to 1 every 2 years.</li> <li>\$2,000 maximum benefit coverage amount for each hearing aid(s) (all types) up to 1 per ear every 2 years.</li> </ul>	
DENTAL SERVICES		
Medicare-covered dental	<b>\$25</b> copay (services include surgery of the jaw or related structures, setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments or neoplastic disease)	
VISION SERVICES		
Medicare-covered vision services	<b>\$25</b> copay (services include diagnosis and treatment of diseases and injuries of the eye)	
Medicare-covered diabetic eye exam	<b>\$0</b> copay	
Medicare-covered glaucoma screening	<b>\$0</b> copay	

😳 Covered Medical and Hospital Benefits		
	IN-NETWORK	
Medicare-covered eyewear (post-cataract)	<b>\$0</b> сорау	
MENTAL HEALTH SERVICES		
<b>Inpatient</b> The inpatient hospital care limit applies to inpatient mental services provided in a general hospital. Except in an emergency, your doctor must tell the plan that you are going to be admitted to the hospital. 190 day lifetime limit in a psychiatric facility.	\$250 per admit	
Outpatient group and individual therapy visits	Outpatient therapy visit: \$0 to \$30 copay Partial Hospitalization: \$15 copay	
SKILLED NURSING FACILITY		
Our plan covers up to 100 days in a SNF.	<b>\$0</b> copay per day for days 1-100	
No 3-day hospital stay is required. Plan pays \$0 after 100 days.		
PHYSICAL THERAPY		
	<b>\$15</b> copay	
AMBULANCE		
Per date of service regardless of the number of trips. Limited to Medicare-covered transportation.	<b>20%</b> of the cost <b>\$195</b> Maximum Out-of-Pocket per trip	
PART B PRESCRIPTION DRUGS		
	<b>\$0</b> copay or <b>0%</b> of the cost	
ACUPUNCTURE SERVICES		
Medicare-covered acupuncture visit(s) for chronic low back pain	<b>\$25</b> copay for acupuncture for chronic low back pain visits up to 20 visit(s) per year.	
Your plan allows services to be received by a provider licensed to perform acupuncture or by providers meeting the Original Medicare provider requirements.		

# 😳 Covered Medical and Hospital Benefits

	IN-NETWORK	
ALLERGY		
Allergy shots & serum	<b>\$0</b> to <b>\$25</b> copay	
CHIROPRACTIC SERVICES		
Medicare-covered chiropractic visit(s)	<b>\$15</b> copay	
DIABETES MANAGEMENT TRAININ	NG	
	<b>\$0</b> сорау	
FOOT CARE (PODIATRY)		
Medicare-covered foot care	<b>\$30</b> copay	
HOME HEALTH CARE		
	<b>\$0</b> copay	
MEDICAL EQUIPMENT/SUPPLIES		
Durable medical equipment (like wheelchairs or oxygen)	<b>0%</b> of the cost	
Medical supplies	<b>0%</b> of the cost	
Prosthetics (artificial limbs or braces)	<b>0%</b> of the cost	
Diabetes monitoring supplies	<b>0%</b> of the cost	
OUTPATIENT SUBSTANCE ABUSE		
Outpatient group and individual substance abuse treatment visits	Outpatient therapy visit: \$0 to \$30 copay Partial Hospitalization: \$15 copay	
REHABILITATION SERVICES		
Occupational and speech therapy	<b>\$15</b> copay	
Cardiac rehabilitation	<b>\$15</b> to <b>\$30</b> copay	
Pulmonary rehabilitation	<b>\$15</b> to <b>\$20</b> copay	
RENAL DIALYSIS		
Renal dialysis	<b>\$0</b> сорау	
Kidney disease education services	<b>\$0</b> copay	
TELEHEALTH SERVICES (in addition to Original Medicare)		
Primary care provider (PCP)	<b>\$0</b> copay	
Specialist	<b>\$25</b> copay	

# Covered Medical and Hospital Benefits IN-NETWORK Urgent care services \$0 copay Substance abuse or behavioral \$0 copay

health services



Covered Medical and Hospital Benefits

**IN-NETWORK** 

#### FITNESS AND WELLNESS

SilverSneakers® is a total health and physical activity program that provides access to exercise equipment, group fitness classes, and social events.

#### **HEALTH EDUCATION SERVICES**

Personal Health Coaching is an interactive inbound and outreach on-line and telephonic wellness coaching for Medicare participants who elect to participate, for wellness improvement, including weight management, nutrition, exercise, back care, blood pressure management, and blood sugar management.

#### **MEAL BENEFIT**

After a member's overnight inpatient stay in a hospital or skilled nursing facility, members are eligible for nutritious meals delivered to their door at no cost.

#### POST-DISCHARGE PERSONAL HOME CARE

After a member's overnight inpatient stay in a hospital or skilled nursing facility, members may receive assistance performing activities of daily living within the home. Types of assistance include bathing, dressing, toileting, walking, eating and preparing meals.

#### **POST-DISCHARGE TRANSPORTATION SERVICES**

After a member's overnight inpatient stay in a hospital or skilled nursing facility, members are provided transportation to plan approved locations by car, van or wheelchair accessible vehicle at no cost.

#### **SMOKING CESSATION (ADDITIONAL)**

A comprehensive smoking cessation program available online, email and phone. Personal coaches assist via establishing goals and providing articles and resources to aid in the effort to quit smoking.

#### **TRAVEL BENEFIT**

Members can receive in-network benefits when services are received from a participating National Employer HMO Network provider during their travels to other states and Puerto Rico. Eligibility dependent on member residential address.

#### HOSPICE

You must get care from a Medicare-certified hospice. You must consult with your plan before you select hospice.

Notes	

Notes	

Notes

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable federal civil rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618. If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

#### Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

#### Multi-Language Insert

#### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-320-1235 (TTY: 711). Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-320-1235 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果 您需要此翻译服务,请致电 1-877-320-1235 (听障专线:711)。我们的中文工作人员很乐意帮助您。 这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如 需翻譯服務,請致電 1-877-320-1235 (聽障專線: 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-320-1235 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-320-1235 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-320-1235 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-320-1235 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-320-1235 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Form CMS-10802 (Expires 12/31/25)

Form Approved OMB# 0938-1421

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-320-1235 (ТТҮ: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بخطتنا الصحية أو خطة الأدوية الموصوفة لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY: 711) 1235-320-1877. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-320-1235 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-320-1235 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portuguese:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-320-1235 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

**French Creole:** Nou genyen sèvis entèprèt gratis pou reponn tout kesyon ou ta genyen konsènan plan medikal oswa dwòg nou an. Pou jwenn yon entèprèt, jis rele nou nan 1-877-320-1235 (TTY: 711). Yon moun ki pale Kreyòl kapab ede w. Sa a se yon sèvis ki gratis.

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You can see your plan's provider directory at **Humana.com** or call us at the number listed at the beginning of this booklet and we will send you one.

Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

If you want to compare our plan with other Medicare health plans, you can call your employer or union sponsoring this plan to find out if you have other options through them.

If you want to know more about the coverage and costs of Original Medicare, look in your current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

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Humana.com

SB076496EN24

# Prescription Drug Summary of Benefits

Humana Group Medicare Advantage Plan Rx 141

**DERP Plan HMO** 



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# Let's talk about the **Humana Group** Medicare Advantage Rx Plan.

Find out more about the Humana Group Medicare Advantage Rx plan – including the services it covers – in this easy-to-use guide.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, refer to the "Evidence of Coverage".

Pharmacy (Part D) deductible

This plan does not have a deductible.

### Prescription Drug Benefits

Initial coverage (after you pay your deductible, if applicable)

You pay the following until your total yearly drug costs reach **\$5,030**. Total yearly drug costs are the total drug costs paid by both you and our Part D plan.

Tier	Standard Retail Pharmacy	Standard Mail Order
30-day supply		
1 (Generic or Preferred Generic)	<b>\$15</b> copay	<b>\$15</b> copay
2 (Preferred Brand)	<b>\$35</b> copay	<b>\$35</b> copay
3 (Non-Preferred Drug)	<b>\$40</b> copay	<b>\$40</b> copay
4 (Specialty Tier)	<b>\$60</b> copay	<b>\$60</b> copay
90-day supply		
1 (Generic or Preferred Generic)	<b>\$45</b> copay	<b>\$30</b> copay
2 (Preferred Brand)	<b>\$105</b> copay	<b>\$70</b> copay
3 (Non-Preferred Drug)	<b>\$120</b> copay	<b>\$80</b> copay
4 (Specialty Tier)	N/A	N/A

There may be generic and brand-name drugs, as well as Medicare-covered drugs, in each of the tiers. To identify commonly prescribed drugs in each tier, see the Prescription Drug Guide/Formulary. To view the most complete and current Drug Guide information online, visit **www.humana.com/SearchResources**, locate Prescription Drug section, select **www.humana.com/MedicareDrugList** link; under Printable drug lists, click Printable Drug lists, select future plan year, select Group Medicare under Plan Type and search for GRP**6**.

**Important Message About What You Pay for Vaccines** – Our plan covers most Part D vaccines at no cost to you (even if you haven't paid your deductible, if applicable). Call Customer Care for more information.

**Important Message About What You Pay for Insulin** – You won't pay more than **\$35** for a one-month supply of each insulin product covered by our plan, no matter what cost-sharing tier it's on.

ADDITIONAL DRUG	COVERAGE
Original Medicare excluded drugs	Certain drugs excluded by Original Medicare are covered under this plan. You pay the cost share associated with the tier level for certain Erectile Dysfunction drugs. The amount you pay when you fill a prescription for these drugs does not count towards qualifying you for the Catastrophic Coverage stage. Contact Humana Group Medicare Customer Care at the phone number on the back of your membership card for more details.

#### Coverage Gap

Most Medicare drug plans have a coverage gap (also called the "donut hole"). The coverage gap begins after the total yearly drug cost (including what our plan has paid and what you have paid) reaches **\$5,030**.

You will continue to pay the same amount as when you were in the initial coverage stage.

#### Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach **\$8,000**, you have a **\$0** copayment.

Notes	

Notes	

Notes

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable federal civil rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618. If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

#### Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

#### Multi-Language Insert

#### Multi-language Interpreter Services

**English:** We have free interpreter services to answer any questions you may have about our health or drug plan. To get an interpreter, just call us at 1-877-320-1235 (TTY: 711). Someone who speaks English can help you. This is a free service.

**Spanish:** Tenemos servicios de intérprete sin costo alguno para responder cualquier pregunta que pueda tener sobre nuestro plan de salud o medicamentos. Para hablar con un intérprete, por favor llame al 1-877-320-1235 (TTY: 711). Alguien que hable español le podrá ayudar. Este es un servicio gratuito.

**Chinese Mandarin:** 我们提供免费的翻译服务,帮助您解答关于健康或药物保险的任何疑问。如果 您需要此翻译服务,请致电 1-877-320-1235 (听障专线:711)。我们的中文工作人员很乐意帮助您。 这是一项免费服务。

Chinese Cantonese: 您對我們的健康或藥物保險可能存有疑問,為此我們提供免費的翻譯服務。如 需翻譯服務,請致電 1-877-320-1235 (聽障專線: 711)。我們講中文的人員將樂意為您提供幫助。這 是一項免費服務。

**Tagalog:** Mayroon kaming libreng serbisyo sa pagsasaling-wika upang masagot ang anumang mga katanungan ninyo hinggil sa aming planong pangkalusugan o panggamot. Upang makakuha ng tagasaling-wika, tawagan lamang kami sa 1-877-320-1235 (TTY: 711). Maaari kayong tulungan ng isang nakakapagsalita ng Tagalog. Ito ay libreng serbisyo.

**French:** Nous proposons des services gratuits d'interprétation pour répondre à toutes vos questions relatives à notre régime de santé ou d'assurance-médicaments. Pour accéder au service d'interprétation, il vous suffit de nous appeler au 1-877-320-1235 (TTY: 711). Un interlocuteur parlant Français pourra vous aider. Ce service est gratuit.

**Vietnamese:** Chúng tôi có dịch vụ thông dịch miễn phí để trả lời các câu hỏi về chương sức khỏe và chương trình thuốc men. Nếu quí vị cần thông dịch viên xin gọi 1-877-320-1235 (TTY: 711) sẽ có nhân viên nói tiếng Việt giúp đỡ quí vị. Đây là dịch vụ miễn phí.

**German:** Unser kostenloser Dolmetscherservice beantwortet Ihren Fragen zu unserem Gesundheits- und Arzneimittelplan. Unsere Dolmetscher erreichen Sie unter 1-877-320-1235 (TTY: 711). Man wird Ihnen dort auf Deutsch weiterhelfen. Dieser Service ist kostenlos.

Korean: 당사는 의료 보험 또는 약품 보험에 관한 질문에 답해 드리고자 무료 통역 서비스를 제공하고 있습니다. 통역 서비스를 이용하려면 전화 1-877-320-1235 (TTY: 711) 번으로 문의해 주십시오. 한국어를 하는 담당자가 도와 드릴 것입니다. 이 서비스는 무료로 운영됩니다.

Form CMS-10802 (Expires 12/31/25)

Form Approved OMB# 0938-1421

**Russian:** Если у вас возникнут вопросы относительно страхового или медикаментного плана, вы можете воспользоваться нашими бесплатными услугами переводчиков. Чтобы воспользоваться услугами переводчика, позвоните нам по телефону 1-877-320-1235 (ТТҮ: 711). Вам окажет помощь сотрудник, который говорит по-русски. Данная услуга бесплатная.

Arabic: إننا نقدم خدمات المترجم الفوري المجانية للإجابة عن أي أسئلة تتعلق بخطتنا الصحية أو خطة الأدوية الموصوفة لدينا. للحصول على مترجم فوري، ليس عليك سوى الاتصال بنا على (TTY: 711) 1235-320-1877. سيقوم شخص ما يتحدث العربية بمساعدتك. هذه خدمة مجانية.

Hindi: हमारे स्वास्थ्य या दवा की योजना के बारे में आपके किसी भी प्रश्न के जवाब देने के लिए हमारे पास मुफ्त दुभाषिया सेवाएँ उपलब्ध हैं. एक दुभाषिया प्राप्त करने के लिए, बस हमें 1-877-320-1235 (TTY: 711) पर फोन करें. कोई व्यक्ति जो हिन्दी बोलता है आपकी मदद कर सकता है. यह एक मुफ्त सेवा है.

**Italian:** È disponibile un servizio di interpretariato gratuito per rispondere a eventuali domande sul nostro piano sanitario e farmaceutico. Per un interprete, contattare il numero 1-877-320-1235 (TTY: 711). Un nostro incaricato che parla Italianovi fornirà l'assistenza necessaria. È un servizio gratuito.

**Portuguese:** Dispomos de serviços de interpretação gratuitos para responder a qualquer questão que tenha acerca do nosso plano de saúde ou de medicação. Para obter um intérprete, contacte-nos através do número 1-877-320-1235 (TTY: 711). Irá encontrar alguém que fale o idioma Português para o ajudar. Este serviço é gratuito.

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#### You can see your plan's pharmacy directory at

https://www.humana.com/finder/pharmacy/ or call us at the number listed at the beginning of this booklet and we will send you one.



You can see your plan's drug formulary at **www.humana.com/medicaredruglist** or call us at the number listed at the beginning of this booklet and we will send you one.

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RX141EN24

# **Routine Hearing**

\$0 exam / \$2,000 allowance

Routine Hearing Benefit Summary		
Hearing services	In-network	Out-of-network*
Routine hearing exam		
• 1 exam every 2 calendar years	\$0 copayment	N/A
<ul> <li>Includes audio examinations, conformity evaluations, hearing aid evaluations</li> </ul>		
<ul><li>Fitting/evaluation</li><li>Up to 1 every 2 years</li></ul>	Included with exam	N/A
Hearing aids		
<ul> <li>Combined in and out of network benefit coverage amount for hearing aid(s) (all types)</li> <li>Up to 1 per ear every 2 years (\$4,000 total combined in and out of network maximum annual benefit)</li> </ul>	\$2,000 combined in and out of network benefit coverage amount	N/A

\*Benefits received out-of-network are subject to any in-network benefit maximums, limitations and/or exclusions.

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- You may file a complaint, also known as a grievance: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618
   If you need help filing a grievance, call 877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
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#### Language assistance services, free of charge, are available to you. 877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística. **繁體中文 (Chinese):** 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí. 한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오 .

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

Русский (Russian): Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.
Français (French): Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.
Polski (Polish): Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.
Português (Portuguese): Ligue para o número acima indicado para receber serviços linguísticos, grátis.
Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.
Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche
Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódahí béésh bee hani'í bee wolta'ígíí bich'íí hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العر بية

GCHJV5REN 0721

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك

# Humana

### **Denver Employees Retirement Plan**

HMO Plan Election Form

Denver Employees Retirement Plan (DERP) and Humana have joined together to offer medical and prescription coverage designed just for DERP retirees.

You will notice that your enrollment packet does not include an application that needs to be completed for enrollment in the Humana Employer Medicare health maintenance organization (HMO) plan. However, for enrollment in the HMO plan, DERP requests that you complete this form and mail or return it to the DERP office. With your permission, DERP will automatically send your enrollment request to Humana for your enrollment into the HMO plan. This is an electronic enrollment process that eliminates the need for you to complete an extensive application and also prevents delays in your enrollment.

If you have questions about the Humana Employer Medicare HMO plan benefits, please call Humana Group Medicare Customer Care at **866-396-8810**. If you use a TTY, call **711**. The hours of operation are Monday through Friday from 6 a.m. to 7 p.m., Mountain time.

I agree to accept the Humana Employer Medicare HMO plan sponsored through Denver Employees Retirement Plan.

**Note:** With the exception of your signature, please print or type all pertinent information below.

Printed name	Date
Signature	
Medicare Identification Number	
Residential Address	
Mailing Address	
Phone Number	
Primary Care Provider (PCP) Name	
Primary Care ID Number	

If you wish to enroll in the Humana Employer Medicare HMO plan, please complete this form and return the entire form to: **DERP Membership Services, 777 Pearl St., Denver, CO 80203** 

#### At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

• The following department has been designated to handle inquiries regarding Humana's nondiscrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **866-396-8810 (TTY: 711)**.

# Auxiliary aids and services, free of charge, are available to you. 866-396-8810 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.

**Español (Spanish):** Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese):本資訊也有其他語言版本可供免費索取。請致電客戶服務部:877-320-1235 (聽障專線:711)。辦公時間:東部時間上午8時至晚上8時。

GHHLE7BEN 0822

DERP MEMBERSHIP SERVICES 777 PEARL STREET DENVER, CO 80203